

# June Volunteer List

Phone: 2-1-1 Website: www.211ut.org Fax: (801) 746-2880



**Healthy Aging.....801-468-2772(Kathleen)**

Volunteers needed to lead six week groups for people with long term health problems. Facilitators may receive a stipend. Volunteers need to attend a training July 30, and 31 and Aug. 6, and 7.

**Salt Lake American Red Cross ..... 801-323-7018(Susan)**

Volunteers are needed to serve at the front desk on Thursdays and/or Fridays. Volunteers should be willing to answer phones and help visitors from 8 a.m. to noon, or 1p.m. to 5 p.m.

**Hospice Opportunities..... 2-1-1**

The 2-1-1 Volunteer Center has many opportunities to serve families who receive services from hospice organizations. Opportunities include providing respite for care providers, companionship for clients, and support through bereavement.

**Work Activity Center .....977-9779(Emily)**

Fundraising golf tournament to benefit clients with developmental disabilities. The tournament will take place at Stonebridge Golf Club on Saturday July 11, from 7-2. Volunteers will help with golfer registration, set up, clean up, manning holes, and selling/promoting raffle tickets.

**National Multiple Sclerosis Society ..... 801-424-0112**

Volunteers needed for the Bike MS June 27 and 28, 2009 sponsored by Harmons in Cache Valley. Volunteers are a driving force of the movement to cure MS. Join the movement today and use your gifts of time and talent to enhance the lives of those living with MS.

**Aspect Foundation .....801-647-2118(Jo)**

Volunteer Host Families needed for high school exchange students from a variety of countries. Host families provide shelter, food, and a loving home environment. Both couples and single persons, with and without children, may qualify to host.

**Adopt a Native Elder ..... 801-474-0535**

Volunteer needed at their warehouse, Tuesdays and Fridays, 9 to 12 am, 328 West Gregson Avenue, Come sort and pack items to be delivered to Navajo Elders and their families living in poverty in remote locations on the reservation in Utah and Arizona. We also need someone to oversee our Fall backpack program for Navajo children on the reservation.

**Summer of Service .....2-1-1**

Youth ages 5 to 17 are invited to come to the Utah Food Bank to help sort food. Youth who come will get to learn about the summer of service program. This program encourages youth to complete 211 minutes of service throughout the summer.

**06/12/2009/6/19/2009**

These are just a few ideas of how you can volunteer. They represent a few agencies that have specifically asked for help within the last couple of months. Please call these programs for specific details. If you would like to add an agency to this list, please call us here at 211 or submit it online at our website listed above by clicking on Agency Services and following the link to Submit a Volunteer Opportunity to the Newspaper Listing



**UTAH FOOD BANK**  
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