

# Salt Lake County Area Senior Resource List

Phone: 2-1-1 Website: [www.211ut.org](http://www.211ut.org) Fax: (801) 746-2880



## EMERGENCIES (24 HOURS)

Life Threatening .....	9-1-1
Crisis/Suicide Prevention.....	261-1442
National Suicide Prevention Lifeline.....	1-800-273-TALK (8255)
Poison Control .....	1-800-222-1222

## ABUSE

Adult Protective Services .....	264-7669
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## ADULT DAY CARE

Neighborhood House, Cottonwood.....	277-3264
Neighborhood House, Riverside .....	363-4593
St. Joseph Villa.....	487-7557
Turn Community Service.....	486-3778

## ADVOCACY

AARP .....	1-866-448-3616
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## ALZHEIMER'S

Aging Services, Salt Lake County (Caregiver support) .....	468-2460
Alzheimer's Association, Utah Chapter.....	1-800-272-3900

## BLIND

Blind and Visually Impaired Services .....	323-4343
Eyecare America .....	1-800-222-3937
Friends for Sight.....	524-2020
Library for the Blind and Disabled .....	715-6789
Moran Eye Center .....	581-2352
National Federation for the Blind of Utah .....	292-3000
Utah Council of the Blind.....	292-1156
Utah Lions Eye Bank, Moran Eye Center .....	581-2039

## CARE MANAGEMENT – SEE IN HOME SERVICES

### CAREGIVERS/RESPITE CARE

Alzheimer's Association .....	1- 800-272-3900
Caregiver Support Program.....	468-2460
Cerebral Palsy of Utah, United .....	266-1805
Children of Aging Parents.....	1-800-227-7294
Division of Services for People with Disabilities (DSPD) .....	538-4200
Faith in Action .....	397-4135
Senior Companion Program .....	468-2474

## CONSUMER PROTECTION

Better Business Bureau .....	892-6009
Consumer Protection Division.....	530-6601
Identity Theft (Utah ID Fraud Task Force) .....	281-1200
Utah Insurance Department .....	538-3800
Occupational and Professional Licensing .....	530-6628
Securities Division .....	530-6600
Utah Legal Services.....	328-8891

## CRIME

Attorney General.....	366-0260
Crime Victim Reparations .....	238-2360
Identity Theft (Utah ID Fraud Task Force) .....	281-1200
Occupational and Professional Licensing .....	530-6628
Police Departments (See Government Resource List or call 211).....	
Salt Lake County Sheriff's Office Crime Prevention Unit.....	468-2204
Utah State Department of Commerce, Financial Institutions .....	538-8830

## DOMESTIC VIOLENCE/RAPE/SEXUAL ASSAULT

Domestic Violence Information Line .....	1-800-897-LINK (5465)
Legal Aid Society of Salt Lake, Inc.....	328-8849
Office of Crime Victim Reparations .....	238-2360
South Valley Sanctuary .....	255-1095
YWCA .....	537-8600
Rape Recovery Center .....	467-7273
Sego Lily Center for the Abused Deaf.....	1-800-787-3224
Utah Coalition Against Sexual Assault.....	746-0404

## DOMESTIC VIOLENCE/RAPE/SEXUAL ASSAULT (CON'T)

Rape/Sexual Assault Crisis Line .....	1-888-421-1100
Victim Assistance – Call your local Police Department. See Salt Lake County Government Resource List or call 211.	

## EMERGENCY HOUSING/SHELTER

See Salt Lake County Homeless Resource List or call 211

## EMPLOYMENT

Salt Lake/Tooele Applied Technology College (ATC) .....	493-8700
Blind and Visually Impaired Services .....	323-4343
Deseret Industries (DI) (Welfare Square) .....	240-7200
Foster Grandparent Program, Salt Lake County .....	468-2474
LDS Employment Services (Welfare Square).....	240-7240
Labor Commission .....	530-6800
Anti-discrimination and labor issues.....	530-6801
Legacy Corps, Salt Lake County.....	468-2248
Senior Employment Program, Salt Lake County .....	468-2785
Utah Department of Workforce Services (DWS).....	
Central Region Administration Office .....	468-0000

## FINANCIAL COUNSELING

AAA Fair Credit Foundation .....	1-800-351-4195
American Credit Foundation.....	208-1000
Community Action Program .....	359-2444
Extension Services, USU .....	468-3170
Financial Vital Signs .....	977-0555
Internal Revenue Service Taxpayer Advocate .....	1-877-777-4778
Salt Lake Neighborhood Housing Services .....	539-1590
Tax Aide, AARP.....	1-888-227-7669
Volunteer Income Tax Assistance (VITA).....	211

## FOOD

Food Pantries .....	See Food Resource List or dial 211
DROPS, Utah Food Bank.....	211
Meals on Wheels .....	468-2450
Senior Centers, Salt Lake County Aging Services .....	468-2496
Services for Seniors (Food box program for home-bound and disabled)....	
.....	887-1275

## GUARDIANSHIP

Public Guardian .....	538-8255
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## HEALTH CARE/HOSPITALS/CLINICS

See Salt Lake Area Health and Dental Resource Lists

## HEALTH EDUCATION

Healthy Aging .....	468-2772
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## HEARING

Audiology Service Division LDS Hospital.....	408-3125
Audiology Service U of U Hospital .....	581-8915
Community Center for the Deaf and Hard of Hearing .....	263-4861
IHC Hearing and Balance Center .....	595-1700
Relay Utah.....	711
Speech, Language, and Hearing Clinic, U of U .....	581-3506

## HOME REPAIR/YARD CARE

Assist, Inc. (Emergency home repairs/accessibility) .....	355-7085
Neighbors Helping Neighbors (Home repairs, painting, seasonal yard work).....	585-9505
Community Development Corporation of Utah.....	994-7222
Services for Seniors (Minor home repairs, lawn mowing, snow clearing).....	
.....	887-1275

## HOSPICES

Community Hospice.....	
(A program of Community Nursing Services) .....	233-6100
IHC Home Care .....	977-9900
Rocky Mountain Hospice.....	397-4900, 1-800-390-2778

## HOUSING/UTILITIES

American Red Cross.....	
(Utilities, seniors or people with disabilities).....	323-7000
Community Action Program, Salt Lake (SLCAP).....	359-2444
Community Development Corporation of Utah (Home purchase).....	994-7222
Environmental Health, Salt Lake County, Sanitation and Safety.....	313-6641
Habitat for Humanity, Salt Lake Valley.....	263-0136
Housing Authority, Salt Lake City (Rental subsidies).....	487-2161
Housing Authority, Salt Lake County (Rental subsidies).....	284-4400
Housing Authority, West Valley City.....	963-3320
( Rental subsidies, home purchase, emergency home repairs)	
Questar Gas (Customer Service).....	1-800-323-5517
Gas Leaks.....	1-800-541-2824
Blue Stakes.....	1-800-662-4111
Salt Lake Neighborhood Housing Services (Home purchase/rehab).....	
	539-1590
UTAP (Utah Telephone Assistance Program) – Lifeline.....	538-8793
Utah Department of Workforce Service (DWS).....	
Central Region Administration Office.....	468-0000
Utah Housing Corporation (Home purchase).....	902-8200
Rocky Mountain Power.....	1-888-221-7070
Outages.....	1-877-548-3768

## IN HOME CARE SERVICES

Alternatives Program, Salt Lake County Aging Services.....	468-2459
Caregivers Support Program, Salt Lake County.....	468-2460
Catholic Community Services.....	363-7710
Community Nursing Services.....	233-6100
Flexcare (Valley Mental Health).....	273-6366
Jewish Family Services.....	746-4334
IHC Home Care.....	977-9900
Meals on Wheels.....	468-2450
Neighbors Helping Neighbors.....	585-9505
Fire Prevention Bureau.....	799-4150
Senior Companion Program, Salt Lake County.....	468-2474

## INFORMATION AND REFERRAL

211 Information and Referral.....	211
AARP.....	1-866-448-3616
Outreach Program (Salt Lake County Aging Services).....	468-2480

## INSURANCE

Medicaid/PCN Information Line.....	538-6155, 1-800-662-9651
Medicare (General Information).....	1-800-MEDICARE (633-4227)
Insurance Department, State of Utah.....	538-3077

## LEGAL

Consumer Protection, Division of.....	530-6601
Disability Law Center.....	363-1347
Lawyer Referral.....	<a href="http://www.utahbar.org">www.utahbar.org</a> (click on legal match)
Legal Aid Society of Salt Lake, Inc. (Family law).....	328-8849
Multi-Cultural Legal Center.....	486-1183
Tuesday Night Bar ( Free legal consultation. Call Mondays from 1 p.m. – 5 p.m. for appointment).....	297-7037
Utah Legal Services.....	328-8891

## LONG TERM CARE INFORMATION/COMPLAINTS

Long Term Care Ombudsman.....	
(Salt Lake County Aging Services).....	468-2854

## MENTAL HEALTH/COUNSELING

Family Counseling Center.....	261-3500
Holy Cross Ministries.....	261-3440
Jewish Family Services.....	746-4334
LDS Family Services.....	240-6500
Masters Program (Valley Mental Health).....	273-1085
NAMI (National Alliance on Mental Illness).....	323-9900
Shepherd's Staff Christian Counseling.....	561-9987
University of Utah Neuropsychiatric Institute.....	583-2500
Valley Mental Health.....	263-7100
North Valley Unit.....	539-7000
South Valley Unit.....	566-4423

## PEOPLE WITH DISABILITIES

711 Relay Utah.....	711
Access Utah Network.....	533-4636, 1-800-333-8824
Utah Center for Assistive Technology.....	887-9380
Columbus Community Center.....	262-1552
Division of Rehabilitation Services.....	538-7530
Division of Services for People with Disabilities (DSPD).....	264-7620
Services for People with Disabilities.....	
A Program of the Utah Food Bank.....	978-2452, 887-1275
Turn Community Services.....	359-8876
Utah Independent Living Center.....	466-5565
Work Activity Center.....	977-9779

## SENIOR CENTERS

Salt Lake County Aging Service (Senior Center Program).....	468-2496
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## SUBSTANCE ABUSE

AA (Alcoholics Anonymous).....	484-7871
Al-Anon Family Groups.....	262-9587
Interim Group Services.....	532-1850
Narcotics Anonymous.....	296-4044
Nicotine Anonymous.....	292-5018
Salt Lake County Assessment and Referral Unit.....	468-2009
Tobacco Quit Line.....	1-888-567-TRUTH (8788)
University of Utah Assessment and Referral.....	532-1850

## SUPPORT GROUPS

Call for details on various groups.....	211
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## TRANSPORTATION

Aging Services.....	
Senior Citizens Transportation Program.....	468-2464
Pickmeup Medical Transportation.....	1-888-822-1048
Utah Transit Authority.....	RIDE-UTA (743-3882)
Flextrans.....	BUS-RIDE (287-7433)

## VETERANS

American Legion.....	539-1013
American Red Cross.....	323-7000
Disabled American Veterans.....	326-2375
Valor House.....	582-0411
VA Community Residential Care.....	582-1565
Veterans Administration.....	1-800-827-1000
Veterans Administration Medical Center.....	582-1565

## VOLUNTEER ASSISTANCE/OPPORTUNITIES

For Volunteer Opportunities.....	211
AARP.....	1-866-448-3616
Bridges Program Salt Lake County.....	468-2188
Catholic Community Services.....	363-7710
Corporation for National and Community Service, RSVP Program.....	524-5411
Faith in Action.....	397-4135
Foster Grandparent Program.....	468-2474
Legacy Corps Salt Lake County.....	468-2248
Neighbors Helping Neighbors.....	585-9505
Retired and Senior Volunteer Program.....	
(Salt Lake County Aging Services).....	468-2490
Senior Centers (Call Salt Lake County Aging Services).....	468-2496
Senior Companion Program.....	468-2474
Utah Food Bank Services.....	978-2452
Volunteer Support Services Program.....	
(Salt Lake County Aging Services).....	468-2490

211 Info Bank is the place to call if you need help or want to give help. Callers can be linked to resources available from health and human service programs throughout the state

Last Update: July 2008

Please obtain a new copy if more than 6 months old.  
If your cellular phone or office phone system does not recognize the 211 number, you can dial 1-888-826-9790 for the same free service



**UTAH FOOD BANK**  
SERVICES