



ADVOCACY GROUPS

- Community Action Program..... 801-359-2444
- Single Mom Foundation 801-977-7764
- Utahns Against Hunger..... 801-328-2561
- Voices for Utah Children..... 801-364-1182

CHILD ABUSE

- Child Abuse Hotline 1-800-678-9399
- Family Support Center (Crisis nursery)
 - Midvale 801-255-6881
 - Sugarhouse 801-487-7778
 - Taylorsville 801-955-9110
- Prevent Child Abuse Utah 801-532-3404
- Salt Lake County Division of Youth Services 801-269-7500

CHILD CARE/AFTER SCHOOL PROGRAMS

- Boys & Girls Club, Greater Salt Lake 801-322-4411
- Boys & Girls Club, South Valley..... 801-284-4253
- Child Care Resource & Referral 801-355-HUGS (4847)
- Salt Lake County Parks & Recreation 801-468-2299
- Family Support Center (Crisis nursery)
 - Midvale 801-255-6881
 - Sugarhouse 801-487-7778
- Head Start 801-977-1122
- Neighborhood House 801-363-4589
- Utah Office of Child Care..... 801-468-0049
- YWCA (Drop-in child care available for members)
 - 801-537-8600

CLOTHING/FURNITURE/HOUSEHOLD ITEMS

- Crossroads Urban Center..... 801-364-7765
- Deseret Industries (DI) (Welfare Square) 801-240-7202
- Eagle Ranch Ministries 801-254-4945
- Rescue Haven (Women & children’s clothing) .. 801-521-5925
- Rescue Mission (Men’s clothing) 801-355-1302
- St. Vincent de Paul Center 801-363-7710
- Salvation Army 801-322-1253

DOMESTIC VIOLENCE

(See also: General Resource List)

- Domestic Violence Information Line..... 1-800-897-5465
- Legal Aid Society 801-328-8849
- Office of Crime Victim Reparations 801-238-2360
- South Valley Sanctuary (Shelter)..... 801-255-1095
- VINE (Victim Information & Notification Everyday) .. 1-877-884-8463
- YWCA (Shelter) 801-537-8600

ESPAÑOL

- Información en español..... 2-1-1
- Centro de la Familia de Utah 801-521-4473

ETHNIC/MINORITY GROUPS

- Asian Association & Refugee Center of Utah801-467-6060
- Centro de la Familia de Utah801-521-4473
- Ethnic Affairs (Asian, Black, Hispanic, Polynesian).....
 - 801-538-8700
- Utah Pride Center801-539-8800
- Guadalupe Educational Programs.....801-531-6100
- Indian Walk-In Center801-486-4877
- International Rescue Committee (Refugees)801-328-1091
- NAACP (Salt Lake Chapter)801-250-5088

FINANCIAL COUNSELING

- AAA Fair Credit Foundation 1-800-351-4195
- American Credit Foundation801-208-1000
- Community Action Program.....801-359-2444
- Financial Vital Signs801-977-0555
- Salt Lake Neighborhood Housing Services801-539-1590
- Utah State University Extension Services801-468-3179

FOOD ASSISTANCE PROGRAMS

See Food Resource List

HEALTH INFORMATION

See Salt Lake Area Health and Dental Resource Lists

HOUSING/UTILITIES

- American Red Cross (Utilities)801-323-7000
- Assist, Inc (Home Repair)801-355-7085
- Community Action Program (CAP)801-359-2444
- Community Development Corporation801-994-7222
- Habitat for Humanity801-263-0136
- Housing Authority, Salt Lake City801-487-2161
- Housing Authority, Salt Lake County801-284-4400
- Housing Authority, West Valley City.....801-963-3320
- Salt Lake Neighborhood Housing Services801-539-1590
- Utah Department of Workforce Services (DWS)
 - Central Region Administration Office.....801-468-0000
- Utah Housing Corporation.....801-902-8200

JOB TRAINING/EDUCATION

- Deseret Industries (DI) (Welfare Square)801-240-7200
- Division of Rehabilitation Services (Voc Rehab)801-538-7530
- Indian Training & Education Center801-973-6484
- LDS Employment Services (Welfare Square)801-240-7240
- People Helping People.....801-583-5300
- Tooele Applied Technology College (ATC)435-248-1800
- School Districts (Alternative programs)
 - Granite385-646-5000
 - Jordan801-567-8100
 - Murray801-264-7400
 - Salt Lake801-578-8599
- Single Mom Foundation (UHEAA).....801-321-7294
- School of Applied Technology (SLCC)801-957-3354
- Utah Department of Workforce Services.....801-468-0000

LEGAL ASSISTANCE

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|---|--|
| Disability Law Center | 801-363-1347 |
| Landlord/Tenant Mediation Program (CAP) | 801-359-2444 |
| Lawyer Referral | www.utahbar.org (click on legal match) |
| Legal Aid Society (Domestic law) | 801-328-8849 |
| Multi-Cultural Legal Center | 801-486-1183 |
| Tuesday Night Bar (Utah State Bar) | 801-297-7037 |
| Utah Dispute Resolution (Mediation) | 801-532-4841 |
| Utah Legal Services | 801-328-8891 |

PARENTING CLASSES/COUNSELING

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|--|----------------------------|
| Children's Service Society of Utah, The..... | 801-355-7444 |
| Family Counseling Center | 801-261-3500 |
| Family Support Center | 801-255-6881; 801-487-7778 |
| Jordan Family Education Center..... | 801-565-7442 |
| Salt Lake County Division of Youth Services | 801-269-7500 |
| Utah Parent Center (Children with disabilities) .. | 801-272-1051 |

PREGNANCY TESTING *(Tests are confidential)*

| | |
|---|--------------|
| Intermountain Nurse Midwifery Services (Free) | 801-507-7070 |
| Jordan River Women's Health (Free) | 801-561-2227 |
| Pioneer Valley Hospital (Free) | 801-964-3478 |
| Planned Parenthood Association of Utah (Low cost) | |
| Salt Lake City | 801-322-5571 |
| West Valley City..... | 801-973-9675 |
| Pregnancy Resource Center (Free) | 801-363-5433 |
| Salt Lake Regional Hospital (Free)..... | 801-350-4111 |

RAPE/SEXUAL ASSAULT

(See also: General Resource List)

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|--|----------------|
| Rape Recovery Center | 801-467-7273 |
| Utah Coalition Against Sexual Assault (UCASA)..... | 801-746-0404 |
| Rape/Sexual Assault Crisis Line..... | 1-888-421-1100 |

RECREATION/YOUTH GUIDANCE

| | |
|--|--------------|
| Big Brothers Big Sisters..... | 801-313-0303 |
| Boys & Girls Clubs of Greater Salt Lake..... | 801-322-4411 |
| Boys & Girls Clubs of South Valley..... | 801-284-4253 |
| Boy Scouts of America | 801-582-3663 |
| Girl Scouts of Utah | 801-265-8472 |
| Salt Lake County Parks & Recreation | 801-468-2299 |
| Salt Lake County Division of Youth Services | 801-269-7500 |
| Sorenson Multicultural Center | 801-974-2420 |

RECREATION/YOUTH GUIDANCE (CON'T)

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|--|--------------|
| Utah Youth Village..... | 801-272-9980 |
| YWCA..... | 801-537-8600 |
| Youth and Families with Promise (YFP)..... | 801-468-3185 |
| YouthCity Artways..... | 801-535-7748 |

RUNAWAYS & RELATED SITUATIONS

| | |
|--|------------------|
| National Runaway Switchboard | 1-800-786-2929or |
| | 1-800-RUN-AWAY |
| The Nine Line..... | 1-800-999-9999 |
| Homeless Youth Resource Center, VOA | 801-364-0744 |
| Salt Lake County Youth Services Center | 801-269-7500 |

SHELTER, EMERGENCY

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|---|--------------|
| The Road Home Family Shelter | 801-359-4142 |
| Rescue Haven | 801-521-5925 |
| Family Promise -Salt Lake..... | 801-961-8622 |
| South Valley Sanctuary (Domestic violence)..... | 801-255-1095 |
| YWCA (Domestic violence)..... | 801-537-8600 |

SUPPORT GROUPS

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|--|-------|
| Call for details on various groups | 2-1-1 |
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WELFARE AND FINANCIAL SERVICES

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|---|----------------|
| Office of Recovery Services (ORS) (Child support) | 801-536-8500 |
| Social Security Administration (SSA) (National) | 1-800-772-1213 |
| Murray Office | 801-268-1060 |
| Salt Lake Office | 801-524-4115 |
| Unemployment Insurance Center | 1-888-848-0688 |
| Utah Department of Workforce Services (DWS) | |
| Central Region Eligibility Service Center | 801-313-4600 |
| Customer Relations..... | 1-800-331-4341 |
| Worker's Compensation Fund (WCF)..... | 1-800-446-2667 |

2-1-1 is the place to call if you need help or want to give help.

Callers can be linked to resources available from health and human service programs throughout the state.

Last Update: February 2010

Please visit www.211ut.org for the most current resource lists. If your cellular phone or office phone system does not recognize the 2-1-1 number, you can dial 1-888-826-9790 for the same free services.



UTAH FOOD BANK